RAIS Journal for Social Sciences

Vol. 10, No. 2 | Year 2026
ISSN 2574-0245 (Print) | 2574-1179 (Online)
Editor: Julia M. Puaschunder

RAIS Journal for Social Sciences
Vol. 10, No. 2 | Year 2026

Research Association for Interdisciplinary Studies (RAIS)
www.journal.rais.education
journal.rais.education@gmail.com

Editor-in-Chief: Julia M. Puaschunder, PhD

LIBRARY OF CONGRESS * U.S. ISSN CENTER

ISSN 2574-0245 (Print)
ISSN 2574-1179 (Online)

Copyright © 2026 Authors

This publication reflects the views only of the authors, and RAIS Journal cannot be held responsible for any use that may be made of the information contained therein.

The publication is licensed under a Creative Commons Attribution (CC-BY) license.

Published by Research Association for Interdisciplinary Studies (RAIS), Maryland, USA.

CONTENTS

The Absorptive Bypass: How Generative AI Decouples Organizational Action from Knowledge Assimilation	1	Garrett Hart, Darrell Norman Burrell, Samuel D. Ginavan
Beyond the Weakest Link: A Critical Integrative Review of Human Factors in Cybersecurity, 2000-2025	12	Calvin Nobles
Fatigue, Occupational Health, and Operational Resilience in Humanitarian and Disaster-Relief Flight Operations	38	Duwayne Jones, Darrell Norman Burrell
Capturing Return on Investment From Artificial Intelligence: Evidence, Mechanisms, and Organizational Conditions	53	Lawrence E. Iweriebor, Asabe Dawudu
Reimagining Learning Architectures: Learning Management Systems and the Strategic Evolution of the Chief Learning Officer	64	William J. Triplett
The Asynchronous Classroom Agenda: Extending the Community of Inquiry Framework for Knowledge Retention	70	Desiree N. Green
BAR-Governed Human-Directed Agentic Enterprise Architecture: Formal Model, Toolkit, and Computational Evaluation	85	Bhagyeshkumar Chokhawala, Ritaben Tongadiya
The Gut Microbiome as a Modifiable Factor in Autoimmune Thyroid Disease: Addressing Gaps in Nutrition-Based Strategies for Supporting Thyroid and Gut Microbiome Health	104	Susanne Yvonne Kessler
Peptide Signaling and Whole-Person Health in Veterans with Chronic Stress and Trauma-Related Symptoms: A Narrative Literature Review	116	Jessica Youngblood
When Sourcing Norms Redirect the News: Production Capture as a Perspective on Editorial Credibility	123	AJ Cordeiro
When Margin-Based Pay Meets Joint Quote Discretion: A Theory of Alignment in Inventory-Free Sales Intermediation	145	Garrett Hart
Physical Activity, Inflammation, and Cardiometabolic Health in Peri- and Postmenopausal Women: A Narrative Review of Exercise Evidence and Interventions	155	Kitalie Theus

From Application to Entitlement: Making Housing Supply Enforceably Affordable in the Suisun Expansion — 163 — Kimberly D. Wright

Queer Dancemaking as a Practice Within Mind-Body Medicine — 171 — Robert Edward Taylor Jr.

Causal Effects or Specification Effects? Evidence from China's Rural Pension Program — 177 — Chengyi Jiang

Squawk 7500 in the Digital Sky: The Convergence of Cyberspace, Cyber Diplomacy, Cyberwar, and Cyber Terrorism in Civil Aviation, 2024–2026 — 187 — Sharon L. Burton

Integrating CTPAT and UFLPA into a Unified Supply Chain Governance Model — 202 — Stephen J. Sullivan, Brooks Hesser

The Impact of Mindfulness Interventions on Athletes' Psychological Well-Being: A Narrative Review — 208 — Jake Mao

From Coaching to Capacity: Leadership Development, Organizational Development, Human Performance, and the Chief Learning & Experience Officer — 218 — William J. Triplett

No Sense of an Ending: Trickster Logic and Survivance in the Dodson School's e-Magazine — 224 — Matthew Wu

Teaching the Syllabus Through the Work: A Two-Case Design Study of Practice-Mapped Courses for Undergraduate and Graduate Learners — 238 — Dereje Befekadu Tessema

Food Packaging, Consumer Perception, and Nutritional Accuracy — 258 — Kayla Xu

Espionage or War Preparation? Assessing the Intent Behind State-Sponsored Cyber Activity That Threatens National Security — 266 — Sharon L. Burton

The Changing Energy Dependency of the V4 Countries between 2012 and 2022 — 276 — Roland Attila Csizmazia

Paper Tigers: Enforcement Constituencies and the De Jure-De Facto Gap in Occupied Japan's Economic Reforms — 294 — Matthew Wu

Research on the Altruistic Preference Characteristics of Artificial Intelligence Assisting Human Decision-Making — 318 — Zhao Yunlong, Song Xiaorui

Nutrition Knowledge Gaps Among Urban Adolescent Athletes — 343 — Chloe Jonchere

The Post-Industrial Human Between Work, Meaning and Automation: An Investigation into Generation Z — 355 — Ioan Pop-Coman

Psychological Barriers to Return to Sport After ACL Reconstruction in Female High School Athletes — 368 — Lilirose Reiter

The Urban Planning Structure of Romania's Administrative-Territorial Units: Legislative Framework, Professional Training, and Administrative Discrepancies — 374 — Marcel Asanache

Is It Ever Wrong to Do the Right Thing for the Wrong Reasons? — 380 — Max Reiter

AI Incorporation of Sentiment Analysis of Customer Reviews in the Hospitality Industry Using Classical and Transformer-Based Models — 387 — Marisa Tania, Shravya Kalva

Bridging the Gap Between Safeguards and Implementation: Privacy Protections in 5G Smart City Networks and Interoperable EHR Systems — 405 — Dwight D. Taylor, Elsie Udo

Editor in Chief

Julia M. Puaschunder, Columbia University, USA

Associate Editor
Shazia Nasir, Greenwich University, Pakistan

Editorial Board

Ioan-Gheorghe Rotaru, Timotheus Brethren Theological Institute, Romania
Nicoleta-Elena Heghes, "Acad. Andrei Rădulescu" Legal Research Institute of Romanian Academy
Dilip Dutta, University of Sydney, Australia
Marian Gh. Simion, Harvard University, USA
Maila Dinia Husni Rahiem, Uin Syarif Hidayatullah Jakarta, Indonesia
Salam Omar, Abu Dhabi University, UAE
Kamal Hattab, Kuwait University, Kuwait
David Ononogbu, University of Nigeria, Nigeria
Adrian Vladimirov Alexandrov, St. Clement of Ohrid University of Sofia, Bulgaria
Alina Livia Nicu, University of Craiova, Faculty of Law, Romania
Barnali Chetia, Indian Institute of Information Technology, India
Nadir Ali Kolachi, University of Fujairah, UAE
Abdelkader Toumi, ENS Bouzaréah High College for Teachers, Algeria
Edson Pontes Pinto, Catholic University of Rondônia, Brazil
Syed Aftab, University of Sargodha, Pakistan
Nicoleta-Elena Heghes, "Dimitrie Cantemir" Christian University of Bucharest, Romania
Titus Corlatean, "Dimitrie Cantemir" Christian University of Bucharest, Romania
Djilali Benabou, University of Mascara, Algeria
Muma Eric Che, Justus Liebig University Giessen, Germany
Zorica Triff, Technical University of Cluj-Napoca; North University Center from Baia Mare, Romania
Wu Chih-Wen, National Chung Hsing University, Taiwan
Neerja A Gupta, Gujarat University, Ahmedabad, India
Emilia Vasile, Athenaeum University, Romania
Abdurezak Abdulahi Hashi, International Islamic University Malaysia
Ciprian-Raul Romițan, Romanian-American University, Romania
Ibanga Ikpe, University Of Botswana, Gaborone, Botswana
Samuiel Bâlc, Bucharest Baptist Theological Institute, Romania
Naira Hakobyan, National Academy of Sciences of the Republic of Armenia
Megbowon Funmilola Kemi, University Of Fort Hare, South Africa
Emilian M. Dobrescu, Romanian Academy, Bucharest, Romania
Xiao-Guang Yue, College Consultant of Rattanakosin International College of Creative Entrepreneurship (RICE), Rajamangala University of Technology Rattanakosin, Thailand
Ion Stancu, General Manager, Institute for Financial Study (ISF), Bucharest Academy of Economic Studies, Romania
Tatyane Ferreira, IESB University Center, Brazil
Mihail Dimitriu, Centre for Financial and Monetary Research of the Romanian Academy – Victor Slăvescu, Bucharest, Romania
Otilia Manta, Centre for Financial and Monetary Research of the Romanian Academy – Victor Slăvescu; Instituto di Ricerca di Dr. Arioli S.a.s., Turin, Italy



RESEARCH ASSOCIATION FOR INTERDISCIPLINARY STUDIES